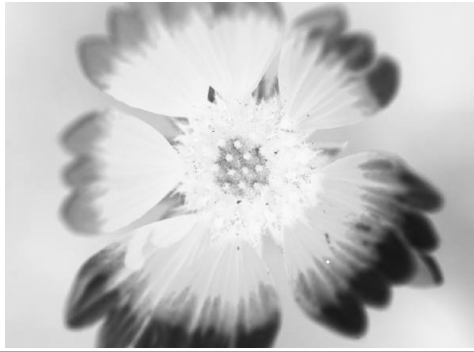


eliminating racism  
empowering women  
**ywca**

YWCA Missoula  
1130 W Broadway  
(406) 543-6691



“And the day came  
when the risk it took to  
remain in the bud was  
more painful than the  
risk it took to blossom.”

-Anais Nin

# YWCA Support Groups

## GROUPS FOR WOMEN

**New Beginnings Group** is a small orientation group where first time attendees learn about group opportunities, share their journey, and begin the healing process.

**Living in Peace Support Group** is for women who want to continue to heal through mindfulness, connection with others, and exploration of a topic which includes developing a new tool for living.

**Domestic Violence Talking Circle** is a circle of healing for women who are interested in a culturally-centered approach for survivors.

## GROUPS FOR YOUTH

**Teen Groups** an open group for youth ages 11-18 who wish to share, heal and grow in a supportive setting.

**Circle of Peace Groups** for children of all ages.

**PLEASE ARRIVE BY 6:15 IF  
YOU HAVE CHILDREN OR  
YOU ARE ATTENDING FOR  
THE FIRST TIME**

**All Groups meet Tuesdays 6:30-8:00 pm**  
**Free Dinner for Participants 5:30-6:15 pm**

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